

VIDEO AND HANDBOOK REQUEST FORM

“A Consumer Guide to IHSS: Building Bridges to Independence and Dignity”

The Public Authority for IHSS in Alameda County created this video and handbook for seniors and people with disabilities who participate in the In-Home Supportive Services Program or want to participate. It covers what is IHSS, being an employer, hiring and Public Authority services. If you have questions, please call Linda Ayala, Training Coordinator, at (510) 577-3354. To request copies of the video or handbook:

STEP 1: How will you use the video and/or handbook? Check all that apply:

- For personal use, I am an IHSS consumer or family member.
- For use as part of a resource library accessible to seniors and people with disabilities
- For use in a group event or meeting with seniors and people with disabilities
- Other: _____

STEP 2: Where should we send the video?

Name (First and Last)

Title (If applicable)

Organization (If applicable)

Daytime phone number

Address

City

State

Zip Code

STEP 3: To request a VIDEO (24 min.), please choose one of the options below:

- I am an Alameda County IHSS consumer (recipient). Please send me one copy of the video to borrow for 30 days for FREE. I will return the video after viewing in the self-addressed stamped envelope that will be provided.
- Send me copies of the video at \$12.00 each for a total of \$.
- Send me one free copy of the video to keep, for the following reason:

STEP 4: To request a HANDBOOK (35 pages), choose one of the options below:

- I am an Alameda County IHSS consumer (recipient). Please send me one copy of the handbook for FREE.
- Send me copies of the handbook at \$5.00 each for a total of \$.
- In step 3, I ordered copies of the video; send me handbooks at no extra cost.

STEP 5: Please send the video and/or handbook to me in English, Chinese, Spanish, Farsi (handbook only), Vietnamese (handbook only).

STEP 6: Send this form, along with any payment required, to the Public Authority for IHSS of Alameda County, 6955 Foothill Blvd., Suite 300, Oakland, CA 94605. If requested, include Check or money order made payable to the Public Authority for IHSS. Please do not send cash.